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Evan Summers
(312) 573-1260
media@prosthodontics.org

A healthy smile is possible, ask a prosthodontist

National Prosthodontics Awareness Week, April 7-13, highlights restoring healthy smiles

CHICAGO – A healthy smile signals more than a good mood. It’s a vital part of a healthy life. This April, the dental specialists who restore missing or damaged teeth have an important message for those in need of dental care.

“A beautiful smile is about more than just looks,” said Dr. Elaine Torres-Melendez, a board-certified prosthodontist in Pennsylvania. “It is about achieving and maintaining good oral health, which in turn contributes to good overall health.”

The American College of Prosthodontists (ACP) has organized National Prosthodontics Awareness Week (NPAW) to bring attention to this dental specialty and how these specialists can help patients. From April 7-13, prosthodontists around the country, and world, will be celebrating NPAW to promote good oral health habits and highlight the importance of maintaining a healthy smile.

A smile compromised by missing or damaged teeth can affect mental health by negatively impacting an individual’s confidence, job prospects, and self-worth. If left untreated multiple missing teeth can negatively impact physical health, leading to an increased risk for obesity, diabetes, and heart disease.

Fortunately, there are dental specialists uniquely trained to restore and replace smiles: prosthodontists.

Whether an individual needs a single implant or a completely new set of teeth, their prosthodontist will create a personalized treatment plan to craft their ideal smile. These dental specialists simultaneously address looks, form, and function while utilizing treatments that include dental implants, crowns, and veneers, all the way to a complete set of fixed and removable dentures.

“With at least three years of training beyond dental school, prosthodontists are equipped to utilize the latest developments in dental prostheses design and digital technology to help patients achieve their perfect, healthy smile,” said Dr. Torres-Melendez.

For more information, and to find a prosthodontist near you, visit GoToAPro.org.

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About the ACP

The American College of Prosthodontists (ACP) is the association that represents the dental specialty of prosthodontics. The ACP is dedicated to advancing the art and science of prosthodontics and promoting the specialty to the public and dental professionals. For more information, consumers can visit GoToAPro.org and dental professionals can visit Prosthodontics.org.